## Meet Today's Webinar Team



### **Presenter: Hannah Bolton**

Hannah is a safety services representative for Texas Mutual's safety services support center. She conducts phone surveys and provides policyholder services by providing guidance in their safety endeavors. Hannah joined the safety services support center in early 2016 and has a degree in Communications from Texas A & M University, Corpus Christi.



### **Presenter: Josh White**

Josh is a safety services representative for Texas Mutual's safety services support center. He conducts virtual, telephonic safety surveys with our small business owners to help provide guidance in their workplace safety efforts. Josh joined the safety services support center in early 2016 and has been doing his part to keep Texas safe by offering his expertise to our policyholders.



### Moderator: Laurelle Bednar

Laurelle is a training consultant for Texas Mutual's safety services department. She conducts webinars, presentations and creates e-Learning content for our policyholders and internal departments. Laurelle holds a bachelor's and master's degree in anthropology from California State University Fullerton.

# First Aid: Are you Ready?



## Agenda



What is first aid?



First aid and your EAP.



Assessing workplace risks.

Design and implement a program.





# What is first aid?





### OSHA definition



### OSHA requirements



### First aid kits



### Goals of first aid



### First aid training





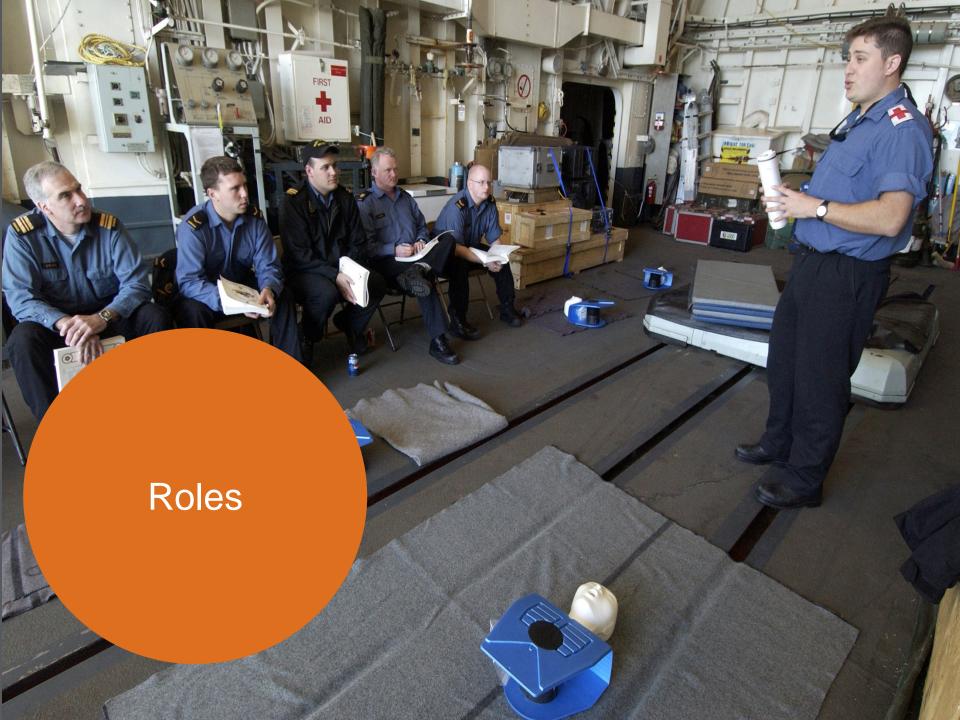


American Heart Association®

# First aid and your EAP

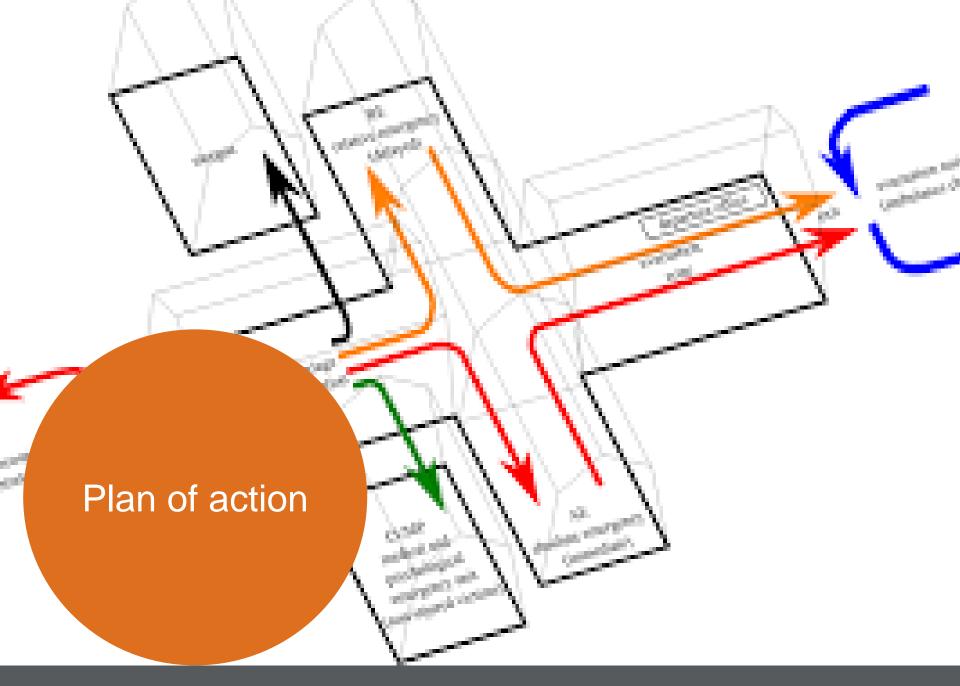






### First responders

# Training first responders



### Assess situation

# Make the area safe

### Give emergency aid

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# PAIRE LINE DO NOT CR

Control bystanders

### Emergency equipment

FEPAK BRILLATOR

10.00

Ambu+ Res-Cue Mask First Responder Kit

# Assess workplace risks





#### OSHA's Form 300 (Rev. 01/2004)

### Log of Work-Related Injuries and Illnesses

the instructions, search and gather the data needed, and complete and review the collection of information. Persons are not required to respond to the collection of information unless it displays a currently valid OMB control number. If you have any comments about these estimates or any other aspects of this data collection, contact: US Department of Labor, OSHA Office of Statistical is goom N-3644, 200 Constitution Avenue, NW, Washington, DC 2021D. Do not send the completed forms to this office. Attention: This form contains information relating to employee health and must be used in a manner that protects the confidentiality of employees to the extent possible while the information is being used for occupational safety and health purposes.



State

Establishment name

City

Form approved OMB no. 1218-0176

You must record information about every work-related death and about every work-related injury or illness that involves loss of consciousness, restricted work activity or job transfer, days away from work, or medical treatment beyond first aid. You must also record significant work-related injuries and illnesses that are diagnosed by a physician or licensed health care professional. You must also record work-related injuries and illnesses that meet any of the specific recording criteria listed in 29 CFR Part 1904.8 through 1904.12. Feel free to use two lines for a single case if you need to. You must complete an Injury and Illness Incident Report (OSHA Form 301) or equivalent form for each injury or illness recorded on this form. If you're not sure whether a case is recordable, call your local OSHA office for help.

Identify the person			Describe the case				Classify the case									
(A) Case	(B) Employee's name	(C) Job title	(D) Date of injury	(E) Where the event occurred	(F) Describe injury or illness, parts of body affected,	CHECK ONLY ONE box for each case based on the most serious outcome for that case:			Enter the number of days the injured or ill worker was:		Check the "Injury" column or choose one type of illness:					
no.		(e.g., Welder)	or onset of illness	(e.g., Loading dock north end)	and object/substance that directly injured or made person ill (e.g., Second degree burns on right forearm from acetylene torch)	Death (G)		Job transfer	other record-	Away from	On job transfer or	(M)	in disorder	spiratory ndition	isoning	armg acos lother hexes
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**Review existing information** 

### Identify hazards



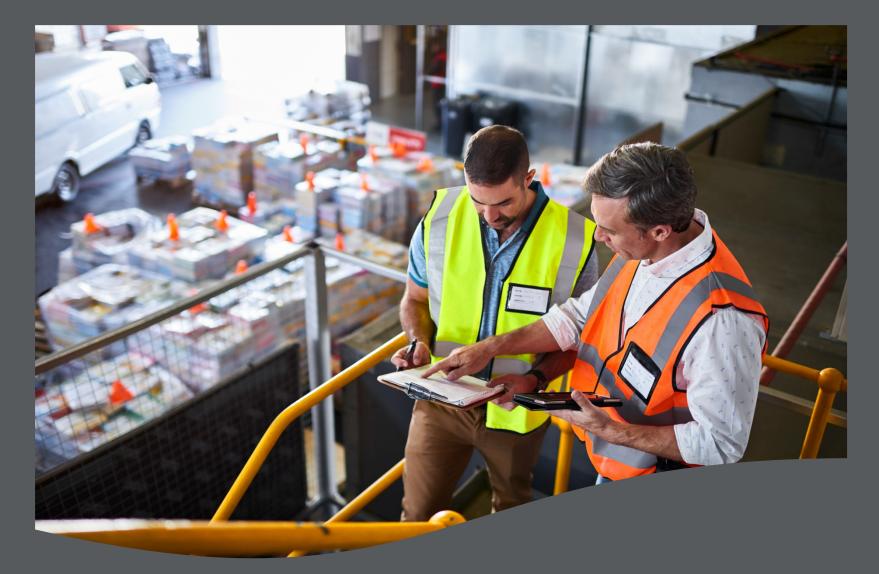
### Identify health hazards



Identify hazards associated with an emergency



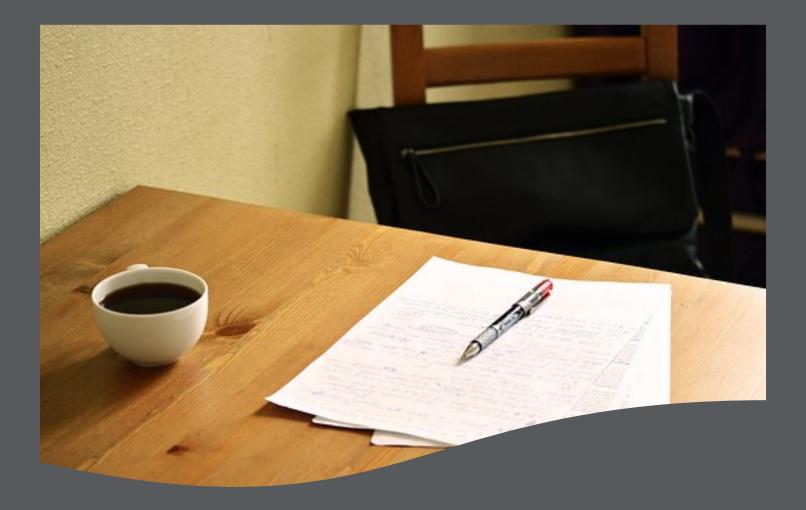




### Assess risks



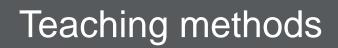
### Record findings



### Review

# Setting up your program

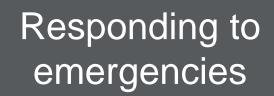




Preparation

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Assessing the scene



### Trainee assessment





### Take aways



### What is first aid



### Working first aid into your EAP



Assessing risks



How to train your employees







# Thank You

